



跨部門反恐專責組  
Inter-departmental Counter Terrorism Unit



# Safety Guide

## in Hong Kong

(FOREIGN DOMESTIC HELPER EXCLUSIVE)

# Welcome to Hong Kong!

As a foreign domestic helper who travels alone to work in Hong Kong, you may encounter various difficulties or challenges in adapting to a new environment. This guide provides you with practical safety information and handy references for working and living in Hong Kong safely.

## Situations You May Encounter



Homesick



Stress



Money Conflict



Miscommunication  
with Employer



Occupational  
Safety



Personal  
Safety



Language  
Barrier

### TIPS 01



Get assistance from the Labour Department. The link below provides information on labour rights, employment agencies and contacts for assistance.

### TIPS 02



The Labour Department has published 'A Handbook for Foreign Domestic Helpers' which gives you more information on the preparation for employment in Hong Kong. You may know more about the working environment in Hong Kong, job duties and responsibilities and ways to maintain a healthy life etc. Scan to find out more.

# Watch Out for Scammers

Being new to a city, you may be susceptible to fraud and financial abuse. Common practices of scammers include:



Approaching you to develop a romantic relationship (through Facebook, Instagram, Twitter, Tiktok)



Collecting your ATM cards, PIN numbers, online banking accounts and passwords to open stogue accounts



Asking you to lend/sell your bank accounts with various pretexts

**The ultimate goal of the scammers is to use your accounts for money laundering!**

## Protect Yourself from Committing Crimes

**Say NO** ❌

*to lending or selling of bank accounts.*

### Warning !

Selling or lending your accounts to others for receiving proceeds of crime may constitute an offence of money laundering.



### Penalty

A maximum fine of \$5 million and 14 year of imprisonment



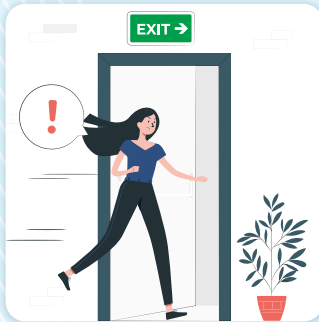
### TIPS 03

If you think you are the target of a scam or have fallen prey to a fraud, contact the Anti-Deception Coordination Centre at 18222.

# Emergency Response Advisory

## RUN, HIDE, REPORT

Hong Kong is one of the safest cities in the world. However, no city or place is immune to the threat of terrorism. In the event of a violent or terrorist incident, you should apply the advisory of 'Run, Hide, Report' to stay safe:



### Run

Leave via a safe route.

### Hide

If you can't leave, take cover. Don't use any sound-emitting or luminous devices.



### Report

Call 999 when you are safe.



Scan to know more

# Three Basic Skills on Emergency Preparedness

To strengthen your capabilities in dealing with emergencies or contingencies, you have to master the 'Three Basic Skills on Emergency Preparedness' promoted by the Fire Services Department.

## Extinguish and Prevent Fire

Learn how to use and maintain fire service installations and equipment correctly. In case of a fire, you can effectively control and even extinguish the fire at the initial stage. This will reduce human casualties and loss of property.



## Self-help and Help Others

Learn the proper emergency self-help knowledge and skills. In case of emergency, you can help yourself and, when safe to do so, help others.



## Escape and Evacuate

Always check out the escape routes and exit signs in the buildings and venues you visit. In case of a fire or other emergency, you can immediately follow the routes and signs and make a quick escape to safety.



Scan to know more

# Spot and Report

Apart from the self-help skills above, you can play a crucial role in preventing tragedies from happening. Stay alert to the following suspected terrorist activities which are represented by the acronym 'SPOT'.


## Terrorism related activities include:



**Support**

### Examples

- Recruit and promote for terrorist/extremist groups
- Provide funding or venue for terrorist/extremist



**Preparation**

### Examples

- Purchase or store unusual amount of chemicals, electronic parts or flammable liquid
- Purchase or manufacture weapons, firearms or explosives
- Research, learn, test or discuss tactics for attack
- Conduct reconnaissance, such as taking pictures/videos of the access routes and security facilities (e.g. CCTV)



**Online Materials**

### Examples

- Publish attack guidelines or weapon manuals, spread extreme hatred ideologies, advocate the use of extreme violence on online platforms



**Terrorist Ideologies**

### Examples

- Express support for terrorism
- Possess or display terrorism-related items (including flags and propaganda materials such as posters and videos)

**TIPS**  
**04**

In an emergency

**999**

CT Reporting Hotline



SMS

**63-666-999**



WeChat ID

**CT-Hotline**

星島日報  
Spot and Report  
www.ctreporting.com



If you come across suspected terrorist activities, make a report.

# Protect the People Around You

Anyone could be vulnerable to bad influence. It is easy to access to the Internet in Hong Kong, and that some online platforms are fraught with extreme or violent content, people around you may become susceptible to these adverse influences.

Through early intervention, you may help protect the people around you. You can tell from the following traits displayed by people with extreme ideology which might lead them to commit violent acts:

## Early Behavioural Traits



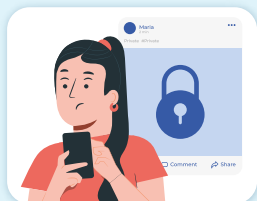
Withdrawal from family and friends, or changing circle of friends



Hostility towards others



Being unwilling to discuss their views



Being secretive, particularly around what they are doing on the Internet

## Extremist Traits



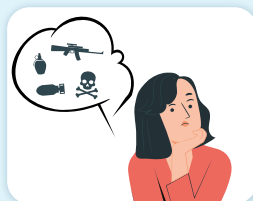
Flooded with grievance and hatred



Hostility against out-groups



Develop sense of mission



Advocate extreme violence

# Report Suspicions - Save Lives



Scan to know more

# Useful Contact

## Government Departments / Statutory Bodies

Organisations	Telephones	Websites
<b>General Enquiry</b> (24-hour)	1823	<a href="http://www.1823.gov.hk/en">www.1823.gov.hk/en</a>
<b>Hong Kong Police Force</b> (Emergency assistance)	999	<a href="http://www.police.gov.hk/ppp_en">www.police.gov.hk/ppp_en</a>
<b>Immigration Department</b> (Immigration matters)	2824 6111	<a href="http://www.immd.gov.hk/eng">www.immd.gov.hk/eng</a>
<b>Labour Department</b> (Rights of FDHs and labour legislation)	2157 9537	<a href="http://www.fdh.labour.gov.hk">www.fdh.labour.gov.hk</a>
<b>Labour Department</b> (Occupational safety & health)	2559 2297	<a href="http://www.labour.gov.hk/eng/osh">www.labour.gov.hk/eng/osh</a>
<b>Social Welfare Department</b>	2343 2255	<a href="http://www.swd.gov.hk/en/index">www.swd.gov.hk/en/index</a>

You may contact your government's  
Consulate-General in Hong Kong via  
[www.protocol.gov.hk/en](http://www.protocol.gov.hk/en)

